

"The BETTER Method"

Equipping Teachers with the Practical Skills for Building Trust, Managing Behavior, and Reclaiming the Room



Why Classroom Culture is Declining

Since COVID, educators are navigating unprecedented obstacles as they work to keep students engaged amid rising behavioral issues and academic decline. Schools are now facing:



Low Student Engagement



Declining Test Scores



Emotional/Behavioral Challenges



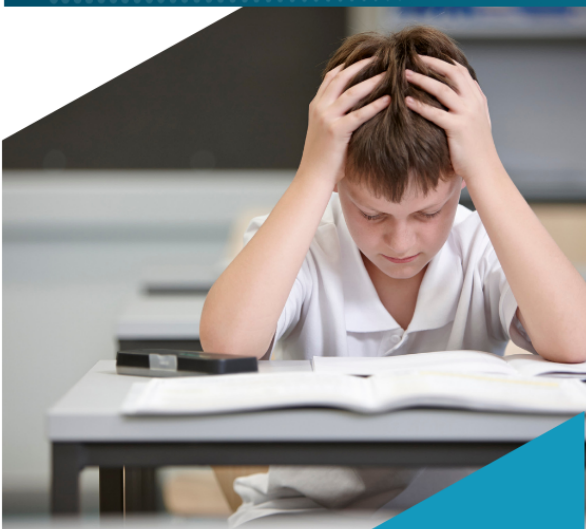
Parental uninvolvedness



Educator Burnout



High Teacher turn-over



Attempted Solutions Have Failed

Disciplinary actions have failed to address root causes of behavioral and emotional challenges.

Increasing testing and homework fails to address learning gaps while further straining teacher workloads.



A "Better" Solution

Harnessing the power of **Emotional Intelligence** and **Heart-Centered** teaching



The Power of Emotional Intelligence (EQ)

Emotional Intelligence is the foundation of every essential classroom skill. It strengthens adaptability, resilience, patience, trust, relationship-building, conflict resolution and empathy – key traits that foster a healthy and successful learning environment.

Backed by over 20 years of Research

The impact of EQ-based training in education is clear.

What we know.....

- Teachers with high EQ are more likely to have high levels of engagement in the classroom.
- Teachers with strong EQ skills are more effective at managing student behavior and building positive relationships with students.
- Teachers with high EQ are better able to manage their own emotional responses in challenging situations and create a more stable and predictable learning environment.



Why Choose Us?

Our 6-module approach isn't a one-size-fits-all program – it's specifically designed to address today's classroom challenges, impacting teacher morale, student behavior, and overall learning outcomes.



Those trained in our approach can expect an increase in adaptive communication, self-awareness, self-regulation, and classroom management skills – critical tools for today's educational landscape.

Our Program Modules



1. Motivation & Authenticity

Reconnect with your passion for teaching to inspire and engage your students



2. Social Skills & Communication

Build trust, strengthen connections, and foster genuine student-teacher relationships



3. Self-Awareness

Recognize how your presence sets the tone for student behavior and learning



4. Self-Regulation

Model calm and safety, leading with clarity during crisis moments



5. Empathy & Perspective Shifting

Gain insight into student behavior and underlying needs.



6. Conflict Resolution

Gain clarity on the appropriate protocol for managing student crises.

Our Training Format

In-Person Learning: Real Conversations. Real Change



We Believe that the most impactful training is training you FEEL. Not just Watch.

Because Some Lessons Can't Be Learned Over a Screen.

✓ **One Day 2-hour Live Course**

Gain all the knowledge in one interactive, power-packed course!

Our training fees are structured based on group size and location. Schedule a call to explore customized options that align with your budget

Includes up to two Pre-Training Discovery Calls to discuss how our training approach can address your educators' needs, strengthen your team, boost morale, and reignite a passion for teaching.

The Hidden Cost of Educator Burnout

Teacher burnout and turnover significantly impact schools financially, with an estimated annual cost of **\$7.3 billion in the US**. Replacing teachers costs districts on **average \$25,000**. In additions to financial costs, high turnover disrupts student learning and can lead to teacher shortages

Your Take-Away

Our resource packet ensures you keep the momentum going and implement strategies for real, lasting change.



After training, we'll send out our comprehensive resource packet, complete with:

- A recap of key training points
- Action steps for implementation of our strategies
- Recommended books, podcasts, and our favorite TED Talks that offer insight into effective classroom engagement and practical strategies for connecting with students
- A printable reflection journal designed to help teachers track their progress, set actionable goals, and document wins and challenges in the weeks following the training

Every student deserves the kind of teacher who's equipped to lead, inspire, and connect. Let's make that the reality in your school. Contact us today.

Your classroom culture transformation starts here.



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